

ITEM	MAJOR ALLERGENS		INGREDIENTS
MUSHROOM BARLEY SOUP	VEGAN	SOY, WHEAT	mushrooms*, barley*, celery*, onions*, filtered water, Vegenaïse (expeller-pressed canola oil, filtered water, brown rice syrup, apple cider vinegar, soy protein, sea salt, mustard flour, lemon juice concentrate), tamari* (wheat free soy sauce) [water, soybeans*, salt, alcohol*], white spelt flour*, nutritional yeast, soy milk* [soymilk* (filtered water, soybeans*), calcium carbonate, sea salt, carrageenan, vitamin A palmitate, vitamin D2, riboflavin (B2), vitamin B12], sea salt, black pepper*
HARVEST PUMPKIN & LEEK SOUP	VEGAN	COCONUT	Vegetable broth* [vegetable stock* (filtered water, carrot*, onion*, celery*, sea salt), sea salt, celeriac juice concentrate*, carrot concentrate*, tomato paste*, natural flavor, onion powder*, garlic powder*], filtered water, pumpkin puree*, coconut milk*, leeks*, onions*, carrots*, celery*, garlic*, olive oil*, maple syrup, sage*, thyme*, sea salt, black pepper*, cinnamon*, cayenne*, nutmeg*, bay leaf*
BAKED TOFU TURKEY	VEGAN	SOY, SESAME	tofu* [filtered water, soybeans*, natural coagulants (calcium chloride [Nigari], calcium sulfate)], Bragg's liquid aminos (vegetable protein from soy bean, purified water), tamari* (wheat free soy sauce) [water, soybeans*, salt, alcohol*], vegan & gluten-free Worcestershire sauce* (apple cider vinegar*, water, molasses*, tamari* (water, soybeans*, salt, alcohol*, koji), cane sugar*, salt, tamarind*, ginger*, lemon juice concentrate*, garlic powder*, onion powder*, xanthan gum, shiitake mushroom powder*, allspice*, red pepper*, orange extract*, clove*, natural smoke flavor, lemon extract*), olive oil*, sesame oil, garlic powder*, onion powder*, celery seed*, black pepper*
MUSHROOM WALNUT LOAF	VEGAN	SOY, TREE NUTS	tofu* [filtered water, soybeans*, natural coagulants (calcium chloride [Nigari], calcium sulfate)], mushrooms*, bell peppers*, onions*, oats*, walnuts*, tamari* (wheat free soy sauce) [water, soybeans*, salt, alcohol*], olive oil*, garlic*, parsley*, celery seed*, sage*, basil*, oregano*, sea salt, black pepper*
MUSHROOM GRAVY	VEGAN	WHEAT, SOY	white mushrooms*, vegetable broth* (filtered water, carrot*, onion*, celery*, sea salt, celeriac juice concentrate*, carrot concentrate*, tomato paste*, natural flavor, onion powder*, garlic powder*), filtered water, unbleached white wheat flour*, olive oil*, tamari* (water, soybeans*, salt, alcohol*), balsamic vinegar (wine vinegar, concentrated grape must, water), portobello mushroom*, molasses*, carrots*, onion*, garlic*, sage*, thyme*, sea salt, black pepper*, cayenne*
MUSHROOM SAGE STUFFING	VEGAN	WHEAT, SOY	sourdough bread [unbleached, unbromated wheat flour (unbleached hard wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), filtered water, sea salt (tricalcium phosphate, chef starter (water, flour))], mushrooms*, onions*, celery*, filtered water, Earth Balance buttery spread (palm fruit/canola/soybean/flax/olive oils, water, salt, natural flavor, pea protein, sunflower lecithin, lactic acid, annatto extract), garlic*, celery seed*, sage*, parsley*, sea salt, black pepper*
GINGER & APPLE CRANBERRY SAUCE	VEGAN		cranberries, apples*, filtered water, maple syrup*, orange juice*, ginger*, sea salt
PUMPKIN PIE		MILK, EGGS, WHEAT (PIE SHELL)	pumpkin*, pie shell* (wheat flour*, palm fruit shortening*, water, cane sugar*, sea salt), cream*, eggs*, maple syrup*, pumpkin pie spice* (cinnamon*, ginger*, nutmeg*, clove*)
TOFU PUMPKIN PIE	VEGAN	SOY, WHEAT (PIE SHELL)	pumpkin*, tofu* [filtered water, soybeans*, natural coagulants (calcium chloride [Nigari], calcium sulfate)], pie shell* (wheat flour*, palm fruit shortening*, water, cane sugar*, sea salt), maple syrup*, pumpkin pie spice* (cinnamon*, ginger*, nutmeg*, clove*), sea salt

MAPLE PECAN PIE	VEGAN	TREE NUTS, SOY, WHEAT (PIE SHELL)	pecans*, pie shell* (wheat flour*, palm fruit shortening*, water, cane sugar*, sea salt), maple syrup*, brown rice syrup*, soy milk* [soymilk* (filtered water, soybeans*), calcium carbonate, sea salt, carrageenan, vitamin A palmitate, vitamin D2, riboflavin (B2), vitamin B12], ground golden flax seed*, arrowroot, vanilla extract* (water, alcohol*, vanilla extractives*), sea salt
APPLE PIE	VEGAN	SOY, WHEAT (PIE FILLING & PIE SHELL)	apples*, maple syrup*, evaporated cane juice*, unbleached wheat flour*, Earth Balance Buttery Spread (palm fruit/canola/soybean/flax/olive oils, water, salt, natural flavor, pea protein, sunflower lecithin, lactic acid, annatto extract), oats*, brown sugar*, lemon juice*, pie shell* (wheat flour*, palm fruit shortening*, water, cane sugar*, sea salt), vanilla extract* (water, alcohol*, vanilla extractives*), spices* (cinnamon*, ginger*, nutmeg*, cloves*)
APPLE PIE WITH GLUTEN FREE PIE CRUST	VEGAN	SOY	apples*, maple syrup*, evaporated cane juice*, oat flour*, Earth Balance Buttery Spread (palm fruit/canola/soybean/flax/olive oils, water, salt, natural flavor, pea protein, sunflower lecithin, lactic acid, annatto extract), oats*, brown sugar*, lemon juice*, pie shell* [brown rice flour, palm fruit oil*, water, cane sugar*, tapioca starch, potato starch, sea salt, baking powder (sodium acid pyrophosphate, baking soda, tapioca starch, monocalcium phosphate), guar gum], vanilla extract* (water, alcohol*, vanilla extractives*), spices* (cinnamon*, ginger*, nutmeg*, cloves*)
WHOLLY WHOLESOME GLUTEN FREE PIE CRUST	VEGAN		brown rice flour, palm fruit oil*, water, cane sugar*, tapioca starch, potato starch, sea salt, baking powder (sodium acid pyrophosphate, baking soda, tapioca starch, monocalcium phosphate), guar gum
LOCAL FAVORITES CHEESE PLATE		MILK, TREENUTS (ALMONDS)	Doe Run Seven Sisters (pasteurized cow's milk, salt, cultures, rennet), Birchrun PA Cheddar (unpasteurized cow's milk, kosher salt, cultures, rennet, bandage-wrapped with lard), FireFly Fresh Goat Cheese (pasteurized goat milk, salt, vegetarian enzymes, calcium chloride, cheese cultures), Goat Rodeo Wild Rosemary (pasteurized cow & goat milk, salt, cultures, vegetable rennet, rosemary, extra virgin olive oil), Firefly Bloomy Breeze (pasteurized cow's milk, bacterial starter cultures, vegetable rennet, salt), Tait Farm Sour Cherry Jam (pitted sour cherries, organic cane sugar, dried tart cherries (cherries, sugar, sunflower oil), water, lemon juice, citrus pectin, sea salt—may contain pits), Mitica Marcona Almonds (Marcona almonds, sunflower oil, sea salt)
VEGAN FAVORITES CHEESE PLATE	VEGAN	TREENUTS (CASHEW, COCONUT, PISTACHIO, ALMOND), SOY	Rebel Honee Pistachio Chevre (*cashews, *coconut milk, coconut oil, lemon juice, vegan "honey" (coconut nectar*, flower pollen), agar, sea salt, onion powder, nutritional yeast, cultures, cayenne pepper, thyme dry, pistachios raw, vegan worcestershire sauce (apple cider vinegar, molasses, tamari (water, soybeans, salt), filtered water, evaporated cane juice, salt, lemon juice concentrate, ginger puree, tamarind, chili pepper, garlic powder, xanthan gum, shitake mushrooms, allspice, cloves, orange extract, lemon extract, natural smoke flavor, natural onion flavor), *white sugar), Rebel Classic Brie (*cashews, vegan enzymes, salt, cultures), Rind Cambleu (cashews, tofu, coconut oil, salt, nutritional yeast, cultures), Tait Farm Sour Cherry Jam (pitted sour cherries, organic cane sugar, dried tart cherries (cherries, sugar, sunflower oil), water, lemon juice, citrus pectin, sea salt—may contain pits), Mitica Marcona Almonds (Marcona almonds, sunflower oil, sea salt)

* = ORGANIC

- ALL PRODUCTS ARE MADE AT A FACILITY THAT PROCESSES MILK, EGGS, TREE NUTS, PEANUTS, WHEAT & SOY.
- THOUGH WE DO OUR BEST TO PREVENT CROSS-CONTAMINATION, WE ARE NOT A GLUTEN-FREE FACILITY.
- IN THE EVENT THAT A PRODUCT IS UNEXPECTEDLY OUT OF STOCK, WE RESERVE THE RIGHT TO MAKE INGREDIENT SUBSTITUTIONS OF COMPARABLE NUTRITIONAL AND ALLERGEN CONTENT.